

GCSE PE



Subject Leader	Miss Jerome
Subject Teacher(s)	Miss Harrison, Mr Jowitt, Miss Jerome and Mr Worstencroft
Course Title	AQA GCSE Physical Education
Website	https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582

Course Overview

Students will:

- Learn about anatomy and physiology, movement analysis and physical training.
- Learn about sports psychology, sociocultural influences and health, fitness and wellbeing
- Be assessed practically on three different sports through skills and full context competition.
- Write coursework on how their strengths and weaknesses in their preferred sport and explain how they could improve.

Assessment

Paper one - 78 marks, 1 hour 15 minute exam, 30% overall mark

The following topics are taught in unit 1:

1. Applied anatomy and physiology
2. Movement analysis
3. Physical training
4. Use of data

Paper two - 78 marks, 1 hour 15 minute exam, 30% overall mark

The following topics are taught in unit 2:

1. Sports psychology
2. Socio-cultural influences
3. Health, fitness and wellbeing
4. Use of data

Non-examined assessment (NEA) - 100 marks, 40% of overall GCSE grade

10% - Practical assessment of an individual sport e.g. Badminton or Tennis (25 marks)

10% - Practical assessment of a team sport e.g. Football or Netball (25 marks)

10% - Practical assessment of either a team sport or individual sport (25 marks)

10% - Coursework on analysis and evaluation of a performance (25 marks)

Full details of the sports: [AQA | GCSE | Physical Education | Scheme of assessment](#)

Additional Information

Practical sports will be assessed through a combination of videos and teacher observations in isolated skills and competitive situations. If students compete for any clubs out of school, they can film themselves in competitive situations against other clubs or opponents.

The higher the standard of the sport being played, the higher the mark will be. If students do not play or compete for a club out of school, school fixtures can be organised. Rock climbing has been a popular choice for students who do not have a strong third choice.